

# Ribeira d'Alte XL TRAIL

## Guided Walking Tour

### Information and conditions

#### 1- Organisation and objectives

1.1- The Guided Trail - Ribeira d'Alte XL is an event organized and promoted by the Escola Profissional de Alte and it will take place on the November 17th, 2024;

1.2- The Escola Profissional de Alte is an institution that pursues aims in the public interest. This event raises awareness on the importance to practice physical exercise and aims to raise funds for the school.

#### 2- Points of interest on the trail

2.1- The trail runs through the heart of the aspiring Unesco World Geopark, called Algarvensis, being a good testimony to the geological history of the planet. For example, the rocks and volcanic ashes on two of its slopes bear witness to the large-scale eruptions from the end of the Triassic period, around 201 million years ago, associated with the separation of the supercontinent Pangea, which gave rise to the opening of the Atlantic Ocean and the continents we know today;

2.2- A talego (bag) for a snack with local products will be provided at the start of the tour;

2.3- Other points of interest highlighted are:

- The Alte stream ecosystem with its watermills and sinks. The Alte stream is itself a geological event, being a discharge area from the Algarve's largest underground aquifer in the Algarve;

- Fonte Grande (Large Fountain) and Fonte Pequena (Small Fountain)

- Vigário waterfall (Vicar's waterfall);

- The narrow streets of the village, with their traditional cobbled pavements that invite you to peek into the courtyards full of geranium flowerpots.

- The parish church of Alte and the chapel of Saint Luis;

- Numerous urban arts along the trail, from statues to painted murals and tile panels;

- A set of panels with poems by the poet from Alte Cândido Guerreiro at Fonte Pequena;

- Traditional dry farming orchards with their stone walls;

- Flora and fauna of the Algarve's barrocal (clay area), especially the esparto

(local plant), which provides the raw material for the village's typical handicrafts.

### **3- Characteristics of the trail**

3.1- The trail will be along the Alte's stream, the surrounding area and the village it self, with a distance of around 9 kilometres;

3.2- It is a circular trail that starts and finishes at the Escola Profissional de Alte car park (Estrada da Ponte);

3.3- The trail is generally easy, although there are some parts with slightly uneven terrain;

3.4- The trail will start at 9am and it will be guided;

3.5- The trail has an estimated duration of 3h00;

3.6- This trail is not wheel chair accessible.

### **4- Participants**

4.1- Everyone can take part, regardless of their age;

4.2- All children must be accompanied by an adult.

### **5- Registration**

5.1- The trail has a limit of 40 participants;

5.2- The participation's registration will be made exclusively online at [www.acorrer.pt](http://www.acorrer.pt);

5.3- The registrations' deadline is on November 14, 2024 or when the limit of paid participants is reached;

5.4- All participants, or the guardians of the under aged children (less than 18 years of age), must read the regulations beforehand, since the registering process implies the full acceptance of its terms;

5.5 - The participation fee for the Guided Walking Tour is €10.00;

5.6 - The participation fee includes:

- Guided trail;

- A talego (a traditional bag for food) with a snack composed by local products, at the beginning of the walk;

- Personal accident insurance (see point 7);

5.7- The participation's registrations will only be validated once the payment has been made;

5.8- Payments made after the deadline will not be considered. In case of refunds, they will be made by bank transfer, minus the respective bank fees.

### **6- Payment methods**

6.1- By Multibanco or MB WAY following the instructions in the registration report of Acorrer enrolment report;

6.2- At the office of the Escola Profissional Cândido Guerreiro, at Alte;

6.3- For payments outside Portugal please contact geral@acorrer.pt.

## **7- Insurance**

7.1- All participants are covered by personal accident insurance;

7.2- The insurance will have an amount of 75.00 euros for treatment costs;

7.3- Any accident or incident that occurs during the trail is the responsibility of the participants in everything that exceeds the risks covered by the insurance. This insurance only covers accidents.

## **8- Safety**

8.1- The trail has movement of vehicles, so the participants must respect the traffic rules. The organization will not be held responsible for any accident or offence committed against the traffic rules by any participant;

8.2- By registering, the participant assumes full responsibility for ensuring that he/she fulfils the physical and psychological conditions to take part in this trail;

8.3- It is recommended to wear appropriate clothing and footwear and to carry a water container;

8.4- Participants must never lose sight of one of the guides.

## **9- Image Rights**

Participants grant permission to the organizers to use their image, recorded on photographic or video media, or any other means, for promotional and publicity purposes of the event itself or of the organizer.

## **10-Social and environmental duties**

10.1- To help any participant, in the event of an accident, as long as the circumstances require it;

10.2- Not to cause damage to private or cultivated areas;

10.3- The organization requests, to all participants, not to leave their empty containers along the route. They should do so strictly in the rubbish bins.

## **11- Data protection**

11.1- Every participant, by formalizing their registration, authorizes the publication of their personal data necessary for the development of the trail, for example in the insurance forms, as well as their use to send information about the event, including to subsequent editions;

11.2- Each participant is responsible for the veracity of the data provided in their enrolment registration and is aware that they will be part of a file for which the organization will be responsible for;

11.3- The participant will have the right to access, rectify and cancel this data, in accordance with the General Data Protection Regulation (GDPR).

## **12- Omissions**

12.1- Any cases not covered by these regulations will be decided by the organization with legal and regulatory standards in use;

12.2- Due to other circumstances, the organization reserves the right to make changes to these regulations, which will always be updated on the event's website.